



Weekly Schedule for Summer 2010 Programs (July – August)

Please note: Individuals of any age can access any program.

Programs for: **Youth**

Programs for: **Adults**

Programs for: **Older Adults**

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning	10-12 pm: <u>Making a Video</u> 11-1 pm: Zumba	10-12 pm: <u>Photography Institute</u> 10:30 -12 pm: Creative Arts	**9-12 pm: <u>Computer Fundamentals Orientation**</u> 10-12 pm: Walk to Harrison	9-12 pm: <u>Computer Fundamentals</u> 10-12 pm: Urban Gardening	9-12 pm: <u>Computer Fundamentals</u> 10:30-11:30am: Golden Years Fitness	9-12 pm: Internet Café 9:30-12 pm: Nintendo Wii Drop-In
Afternoon	1:30-3 pm: Creative Expressions 1-4 pm: One-Day Workshops	12:30-2:30 pm: Summer Sessions Art 1-3 pm: <u>Rockets</u> 1-3 pm: Taoist Tai Chi	1-5 pm: Summer Sessions – Urban Rec 1-3 pm: <u>Internet Institute</u> 3:30-5:45 pm: Nintendo Wii Drop-In	1-5 pm: Summer Sessions – Kayaking 1-4 pm: <u>Computer Fundamentals</u>	1-4 pm: <u>Computer Fundamentals</u> 1-4 pm: Active Living 2 -4 pm: Celebrating Diversity	12-3:45 pm: Internet Café 1-3:45 pm: Nintendo Wii Drop-In
Evenings	CLOSED	4–6 pm: Gourmet 101 4-7:45 pm: Internet Café (Movie night)	4–6 pm: Gourmet 201 4-7:45 pm: Internet Café (Games Night)	4-7:45 pm: Internet Café	CLOSED	CLOSED

****Computer Fundamentals Orientation****= for new participants to the computer fundamentals program

Drop-in Orientation Sessions: First and Third Tuesdays of the month from 11am-12 noon. **July 6, 20; August 3, 17; September 7, 21**

Consumer Advisory Committee: Last Wednesday of every month from 3:30 – 4:30 pm.

Note: Our programs are located throughout the community; please confirm the time and location with your recreation therapist.

For Programs at 30 East 6th Avenue, please report to reception and receive directions to your meeting area.